



1
00:00:11,810 --> 00:00:06,440
I don't feel like I'm suffocating was it

2
00:00:15,860 --> 00:00:11,820
so much easier fame can I stop doing

3
00:00:17,540 --> 00:00:15,870
this anxiety conditions affect one in

4
00:00:20,870 --> 00:00:17,550
seven Australians but with the right

5
00:00:22,580 --> 00:00:20,880
help anxiety can be managed to find out

6
00:00:25,279 --> 00:00:22,590
more to talk to your GP go to

7
00:00:28,339 --> 00:00:25,289
understanding anxiety komtar EU or call